

AFTERCARE INFORMATION

NOUVEAU®
CONTOUR
PERMANENT COSMETICS

For the first day

Proper care following your treatment is necessary to achieve the best results.

- Please remember that the colour is up to 50% DARKER immediately after the treatment. It will start to become lighter after 4-7 days. The true healed colour will not come through until approximately 4-6 weeks after the initial treatment. During the healing process, the colour may seem to have disappeared as it is obscured by the healing layers of skin. Under no circumstances should you have any further permanent cosmetics work undertaken during this 4-6 week period.
- Ice packs protected with a cloth may be applied as necessary to reduce swelling.
- If you have had a lip treatment and suffer with cold sores presently (or at any time in the past), use an anti-herpes medication five times daily. Continue use for the next 7 days. This will help to prevent an outbreak, which could cause discomfort and scarring.

Daily aftercare routine

Follow this routine for at least 1 week following the treatment, or until it has healed.

- Always wash your hands before applying the balm provided to you as part of your aftercare.
- Apply the balm a minimum of 4 times daily. You should do this using a clean microbrush or clean cotton bud for each application (this will prevent cross-contamination).
- We recommend you use a gentle facial cleanser to clean the face during the healing period.
- Keep hair away to prevent any infection.
- If the area gets wet, gently pat dry using clean lint-free tissue. Do not rub.

Important "Do Nots"

During this period you also need to look after the treatment area in other ways:

- Some itching is normal. Do not pick, peel or scratch the treated area. This may result in the colour healing unevenly and you could also risk scarring and infection. Allow the wound to flake on its own.
- Do not apply make-up until 72 hours after the treatment. If you have had an eye treatment, use a new mascara.
- Do not expose the healing skin to extreme heat, cold or moisture for two weeks following your treatment. This can include direct sun, tanning beds, jacuzzis, saunas, salt water, chlorinated pools, direct shower spray, hot water, skin creams or ointments other than what you have been instructed to use.
- Do not apply Vaseline type ointments to the area for a week after the treatment. After this time, ointments of this type can be applied and are recommended if you plan to use chlorinated pools and jacuzzis.
- If you have had a lip treatment, you should also avoid eating spicy and salty foods, drink liquids through a straw, refrain from kissing.

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You may experience the following for 2 – 5 days after the treatment:

- Tenderness.
- Flaking.
- Dryness and itchiness in the treated area.
- Swelling and redness.
- After eye procedures, eyelashes may stick together and eyelids appear red and puffy.

If you are feeling less than 100% healthy it may take longer for your treatment to heal and symptoms may appear more prominent.

Long term care

Permanent cosmetics are a low maintenance treatment, not a no-maintenance treatment.

- In order to keep your permanent cosmetics in perfect condition it may be necessary to have a maintenance procedure about every 12 - 18 months, though this will vary for each individual. The cost of these procedures is roughly half that of the original procedure. Please contact us for details.
- To avoid pigment fade for as long as possible, avoid excessive exposure to the sun or UV rays and use a good sunscreen or moisturiser with an SPF 15. We recommend the use of mineral make-up, please ask for further details.
- Take care when using moisturisers and other skin products which contain glycolic or fruity acids. These can fade permanent make-up.
- If you are planning an MRI scan, chemical peel or any other similar procedures please inform your practitioner that you have had permanent cosmetics.
- Please inform the National Blood Service if you donate blood, as you may not be eligible to give blood for four months post-procedure.
- If you are planning having anti-aging injectables or cosmetic surgery, remember these procedures can alter the shape of your lips and eyebrows.
- Laser hair removal can fade and change the shade of your lip or brow procedure, always advise the laser technician you are wearing permanent cosmetics and they can act accordingly.