# PRE-TREATMENT **ADVICE**



Permanent cosmetic treatments normally require multiple treatment sessions. For best results, you will be required to return for at least one retouch treatment between four and six weeks after the initial treatment.

Be prepared for the colour intensity to be significantly sharper and darker immediately after the treatment. This will subside and become lighter as the tissue heals. This process can take up to 10 days.

#### All treatments

- ✓ Since delicate skin or sensitive areas may be swollen or red, it is advised that you do not make social plans for the same day.
- ✓ Please wear your usual make-up to the salon on the day of the treatment.
- ✓ A sensitivity patch test will be performed unless waived upon request.
- Do not take aspirin, ibuprofen, or coumadin for two days before and two days after the treatment. However, you must not discontinue any medication before consulting your doctor.
- Do not drink alcohol the night before your treatment.

#### **Evebrow treatments**

- ✓ Any waxing should be performed at least 48 hours before the treatment. Electrolysis no less than five days before the treatment.
- Eyebrow tinting should not be undertaken for two weeks prior to the treatment.

## **Eyeliner treatments**

- ✓ Any eyelash tinting or eyelash perming should be carried out no sooner than one week before or two weeks after the treatment.
- ✓ You may experience some swelling after the treatment. As a safety precaution, we recommend that you have someone available to drive you home.
- Do not wear contact lenses during or immediately following the treatment. Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes feel comfortable. (This is normally 24 hours after the treatment.)

### Lip treatments

- ✓ If you have a history of cold sores (herpes simplex), we advise you to contact your doctor to obtain the proper prescription medication to prevent such outbreaks.
- ✓ Alternatively, obtain herpes medication such as Zovirax from your local chemist and use one week before and one week after your treatment. This can help minimise an outbreak.
- ✓ Permanent cosmetic treatments do not cause cold sores, however, if you carry the virus, it lays dormant in the body and can be aroused by the treatment.
- Lip wax or bleaching treatments should not be undertaken for at least a two-week period preceding your permanent cosmetic treatment.

## Beauty spot treatments

✓ Natural beauty spots are not perfectly round. We therefore advise you not to have a perfectly round spot, as this may not look as natural.